

Tips To Beat The Summer Pests

Along with the rain, summer sunshine and warmer temperatures come a few unwanted summer guests – pests, says Sally Garrett, County Extension Agent – Family and Consumer Sciences. Mosquitoes, biting flies and ticks are back this time of year – some carrying serious health risks, such as West Nile Virus, Lyme disease, and St. Louis encephalitis.

Safely using an appropriate insect repellent can help you ward off bugs.

So how do you choose insect repellent that is safe and effective

for you and your loved ones?

Various forms of chemical insect repellent to choose from include the following:

-Aerosol and pump-spray products are intended for skin applications as well as for treating clothing.

-Liquid, cream, lotion, spray, and stick products enable direct skin applications.

-Products with a low concentration of active ingredient may be appropriate for situations where exposure to insects is minimal.

-Higher concentrations of

active ingredient may be useful in highly infested areas or with insect species that are more difficult to repel.

-Repellents containing a higher concentration of active ingredient (such as DEET) provide longer-lasting protection.

Most repellents rely on some percentage of N, N-diethyl-metoluamide, called DEET, a chemical developed more than 50 years ago by the U.S. Army and the Department of Agriculture.

DEET doesn't kill bugs, but its vapors discourage them from landing or climbing on you.

The Centers for Disease Control and Prevention (CDC) recommend adults use an insect repellent that contains less than 35% DEET, while children should use a product that contains no more than 10% DEET.

Repellents with DEET should be used sparingly on children two through six years of age and not at all on infants younger than two years of age.

Although DEET is generally considered safe when used according to directions, some people prefer not to use it.

The safest form of insect repellent is proper clothing. Cover your head and neck with a full-brimmed hat and shield your ankles and wrists.

Tuck pant cuffs into socks and wear light colored clothing, which is less attractive than dark clothing to biting insects and also makes it easier to spot any ticks or insects that have landed. Check clothes regularly for bugs.

With any type of insect repellent, it is essential to use the product safely and effectively.

Eagle Lake Pet of The Week

This pup was found by Buccee's and needs a good home!

Contact the City of Eagle Lake if he is yours or if you are interested in adopting this adorable guy! 234-2640



Grab your sticks and come join the fun!

Wednesday Night Golf Scramble

Play Starts at 6 p.m. - sharp

You **MUST** call **EARLY** to reserve your spot
234-5981 to sign-up or for info

HOSTED BY & BENEFITTING

Eagle Lake

Ladies Golf Association

CCA Live Oak Chapter

Banquet

Thursday, Aug. 2 Columbus KC Hall
Prime Rib & Grilled Shrimp

Door Prizes Doors Open 6 pm • Dinner 7 pm Live Auction

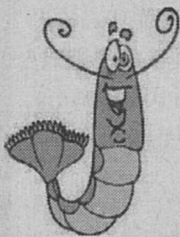
Advance \$25 • At the Door: \$30 • 12 & Under: \$10

Silent Auction • Drawings & More

Corporate Tables Available for \$400
(Includes reserved seating and special take home goodies)

Advanced tickets available at Columbus State Bank, First State Bank of Columbus, Weimar Manufacturing or Johnny's Sport Shop in Eagle Lake.

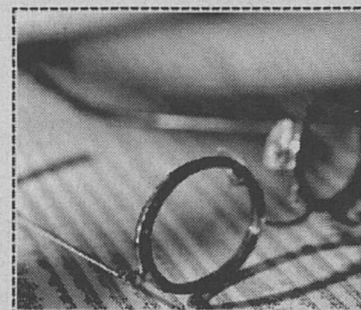
For ticket information and availability contact Jeff Glueck at 733-4544 or 979-234-7387 or Todd Radke at 732-0486.



CCA



Live Oak Chapter



Affordable Prescription READERS

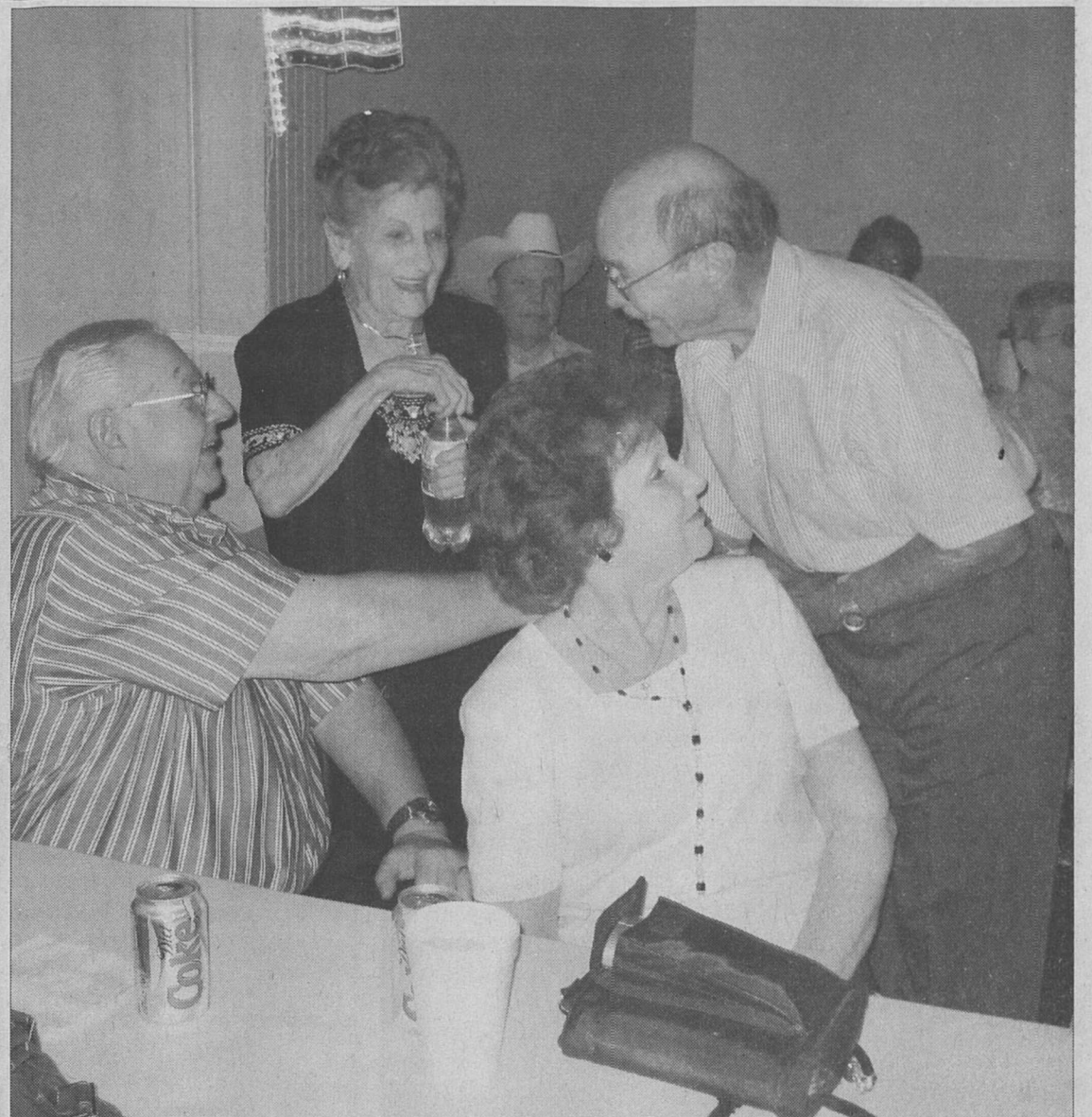
\$29 One pair \$49 Two Pair

Wide Selection of Stylish Quality Frames On Site Optical Shop 979-627-7400

Sealy, Tx (Next to Tony's Restaurant)

Must present coupon. Some restriction apply. Offer ends 7/31/07

Austin County Eye Associates, PA



Pictured in front are Marty Krupp and wife, Pat, of East Bernard and in back, Pearl Ulrich and husband, Chuck. They all recently attended the Senior Citizen's Dance on Friday, July 6. The dance is held the first Friday of every month with an array of performers providing the musical entertainment.



Pictured above are the new officers of American Legion Post #108. Back row, left to right: Mark Anderson, Finance Officer; Kenneth Craig, Commander; Marshall Holloway, Sergeant at Arms; Lewis Epps, 1st Vice Commander. Front row, left to right: Robert Griffith, Chaplain; W.J. Brunner, Judge Advocate; Victor Scott, Adjutant; Frank Higgins, Service Officer. Officers not pictured: David Haas, 2nd Vice Commander; and Hugh Sheridan, Historian.

Legion Post No. 108 Installs Officers

W. Cherry - M. Perry American Legion Post #108 of Eagle

Columbus Livestock Co., Inc.

Todd Keaton, Owner 979-732-2622
Sale Every Thursday 10:30 a.m.

No Sale Last Week Due To Fourth of July

Lake recently elected officers for 2007-2008. Chosen again to lead the Post was Kenneth L. Craig as Commander. Other officers are Lewis B. Epps, 1st Vice Commander; David W. Haas, 2nd Vice Commander; Victor A. Scott, Adjutant; Frank A. Higgins, Service Officer; Mark Anderson, Finance Officer; W. J. Brunner, Judge Advocate; Hugh d. Sheridan, Historian; Robert Griffith, Chaplain; and Marshall Holloway, Sergeant at Arms.

Officers were installed June 26 at a dinner attended by members and guests. Hillary Johnson, the

Post's Bluebonnet Girls' State Delegate, told the audience of her experiences in studying various facets of state and local government at Seguin and Austin in early June.

Hillary, daughter of Bruce and Roberta Johnson of Eagle Lake, was chosen because of her outstanding credentials as a junior at Rice High School. She was co-sponsored by Eagle Lake Rotary Club.

Photo of speaker: Hillary Johnson, Bluebonnet Girls' State Delegate

JANIK'S

MEAT MARKET

1001 E. Main • Eagle Lake • 234-7665

Party Trays

80% Lean Ground Beef (10 lbs. or more bulk \$1.99) lb. \$2.19
Super Lean Beef Tips or Gravy Steaks.....lb. \$2.99
Shoulder Round Roasts.....lb. \$2.59
Calf Liver.....lb. 79¢
Janik's Summer Sausage (reg. or jal. cheese).....lb. \$3.59
Fresh Pan Sausage (reg. or spicy).....lb. \$1.69
Smoked Picnic Ham (sliced).....lb. \$1.99
Beef Ribs (for baking, BBQ or stew).....lb. \$1.89
Fresh Un-Smoked Sausage.....lb. \$2.59
Sirloins.....lb. \$3.49

ALTERNATIVES TO SODA POP

Children and adolescents should be counseled to avoid consuming large amounts of soda pop. They should drink more alternative beverages that contain less sugar and acid such as water, milk and 100% fruit juice.

Parents should also understand how to stock their refrigerators and to replace fruit drinks with high sugar contents with 100% fruit drinks and encourage their children to drink these instead.

Destructive habits such as sipping soda pop all day long should be discouraged. Rinsing with water after drinking soda pop will remove any acids and sugars remaining in the mouth which might prolong exposure to the teeth.

Presented as a service to the community by:

SEALY DENTAL CENTER

Wesley Zboril, D.D.S. 979-885-4856
226 4th Street • Sealy, Texas Se Habla Espanol

SUMMER SPECIALS

SAVE \$60. SAVE \$99.

New Patient Exam & X-rays	Dental Bleaching
\$30	Reg. Price \$300

Headlight Want Ads Work Wonders Call Today 979-234-5521

Taco Tony's Mexican Restaurant

20 Calhoun Road • Eagle Lake 979-234-3984

Breakfast Specials: Mon.-Fri., 8 to 11:30 a.m.

Lunch and Dinner Specials Mon.-Fri. Beginning at 11 a.m. and 5 p.m.

Buffet Tuesdays and Thursdays 11 a.m. to 1:45 p.m.

Hours: Mon.-Thurs.: 8 a.m. to 1:45 p.m. and 5 p.m. to 8:45 p.m. Fri. and Sat.: 8 a.m. to 9:15 p.m. Sunday: 7:30 a.m. to 1:45 p.m.

Janik's Boundin and Head Sausage		
50 lb. Beef Hind Quarter Special	Hamburger Patties 20 - 3-1's \$17.99 pkg.	Hind Quarters Cut & Wrapped \$2.39 lb.
Round Steaks Rump and Pikes Peak Roast Hamburger T-Bones Sirloins \$129.95	Fresh Cabrito Cut For BBQ	Meaty Pork Bones Pig Feet or Turkey Parts 79¢

Call in orders WELCOME: Credit Cards & Lonestar Accepted
Sale Prices Good Through Thurs., July 12 - July 14, 2007. Open: 7:30 a.m. to 6 p.m.
David & Jill Janik, Owners